Instructions for Patients Receiving Intravenous Sedation

You are going to receive a combination of narcotic, sedative, and hypnotic drugs to keep you comfortable during your surgery. Your surgery can be done safely only if you follow the instructions below:

1. You must *NOT* eat or drink for at least *8 hours* before your sedation appointment. If you have been instructed by your surgeon to take medicines the morning of your surgery please do so using *only water*. These may include your regular medications or special premedications (i.e. high blood pressure, heart, antibiotics, etc.). **You may have water up to 2 hours before your appointment.**

2. You must have an adult transport you and *wait in the office during the entire surgery*. *Please inform your driver that the **vehicle to take you home must remain in the parking lot** the entire time of your surgery and they may not leave for any reason during your surgery.*

3. Clothing: these are required to safely monitor your vital signs during the surgery
- wear loose fitting clothing with short sleeves
- remove nail polish and acrylic nails from the index finger of each hand

4. You are encouraged to brush your teeth the morning of surgery.

5. If there is a **possibility of pregnancy**, your surgery will be cancelled until we check with your obstetrician. Please call with ANY questions about this prior to your surgery.

6. You must remain at home and with adult supervision until the following morning and must not be left unsupervised for any reason or for any period of time.

7. Do not drink alcohol or use tobacco products for ***at least 24 hours***. We strongly recommend ***NOT SMOKING*** for 5-7 days following tooth removal to help prevent the possibility of "dry sockets". Alcohol should not be taken with prescription pain medicine.

8. If you have an inhaler for asthma (Albuterol, Ventolin, Proventil), please bring it with you to the surgery.

9. SURGERY *MAY BE CANCELLED* IF THESE INSTRUCTIONS ARE NOT FOLLOWED. If you have any questions, please call us at (757) 838-3975 or email: contactus@hamptonofs.com.

Instructions for Patients Receiving Oral Sedatives

Take your medications as prescribed by our doctors, with a sip of water. You must have a responsible driver present with you from the time you take the medication before the appointment and stay with you until you have fully recovered after the appointment. They must drive you to and from your appointment.